



NeuroAffective Touch® Institute
Integrating Touch and Psychotherapy

Foundation Training Requirements

2024 – 2025

The designation **NeuroAffective Touch Foundation Training Graduate** is awarded upon completion of the following 2024-2025 requirements.

1. Foundation Training

- **Hybrid Online / In-Person**
Modules 1, 2, 3 — Online
Module 4 Touch Immersion — 5 days in-person
- **In-Person**
Two 6-day Modules — 12 days total

2. Personal Therapy

Six Personal Sessions — *at least one session in person if possible*

Approved session providers charge the fee set for the country where they practice.

Each personal session is a process that counts as one session no matter the length.

- **With approved session provider or certification session providers** ■ *Fee based on 55 min session*
 - **USA** \$195^{USD} ■ **Australia** \$140^{AUD} ■ **Europe** 175€ ■ **UK** £150
 - The discounted fee is available for the six-session requirement only. Regular fee applies thereafter.
 - Check with laura@neuroaffectivetouch for approved providers
- **With Aline** • \$295^{USD} • 75 min
 - The discounted fee is available for the 6-session requirement only. Regular fee applies thereafter.
 - Email aline@neuroaffectivetouch.com

3. Case Consultations

A total of 8 consult credits:

- **Small Group** — 1 credit per consult
- **Individual** — 2 credits per consult
- **Mentored Hands-On Consult** — Therapist: 2 credits / Receiver: 1 credit / For each one-hour consult

See [Individual, Small Group & Mentored Consultations](#) for details.

2020 – 2023 / The Covid Years

A ***Certificate of Online Attendance*** or a ***Certificate of Completion*** is awarded to students who fulfilled the following requirements between 2020 and 2023.

Certificate of Online Attendance

- Modules 1, 2, 3 — Online
- 3 Cohort consults
- 3 Practice sessions with Reflection Papers

Certificate of Completion

- Modules 1, 2, 3 — Online
- Module 4 Touch Immersion — 5 days in-person
- 3 Cohort consults
- 3 Practice sessions with Reflection Papers

2016 – 2019

A ***Certificate of Completion*** is awarded to students who fulfilled the following requirements between 2016 and 2019.

Certificate of Completion

- Modules 1, 2, 3 — In-person
- No more than one module taken on video
- Module taken on video requires a 500-word Reflection Paper