



**NeuroAffective Touch® Institute**  
*Integrating Touch and Psychotherapy*

## Practitioner Certification International

The designation **NeuroAffective Touch Certified Practitioner** is awarded upon completion of the following requirements:

### 1 Foundation Training Certificate of Completion

**Completion of all requirements for one of the following...**

- **2024**
  - In-Person Foundation Training — Two 6-day Modules - 12 days total
  - Hybrid Online Modules 1, 2, 3 + Module 4 In-Person Touch Immersion
- **2019-2023 ▪ Covid Times**
  - In-person Foundation Training in Oslo — Two 6-day meetings / 12 days total
  - Hybrid Online Modules 1, 2, 3 + Module 4 In-Person Touch Immersion

**Note:** Modules 1, 2, 3 taken online without the in-person Module 4 offers *Certificate of Online Attendance*. It does **NOT** confer a *Certificate of Completion*

### 2 Personal Therapy Sessions

**Four Sessions** — in person when possible

*Note: No matter the session length. an individual session is a process that counts as one session*

- **With a Certification Session Provider**
  - USA \$195<sup>USD</sup> ■ Australia \$140<sup>AUD</sup> ■ Europe 100€
  - *This discounted fee is available for the 4-session requirement only. Regular fee applies thereafter*
  - Find an [Approved Certification Session Provider](#)
- **With Aline** — \$295<sup>USD</sup> • 75 min
  - *This discounted fee is available for the 4-session requirement only. Regular fee applies thereafter*
  - Email [aline@neuroaffectivetouch.com](mailto:aline@neuroaffectivetouch.com)

### 3 Aline's Study Group

**Eight meetings • 3½ hrs each • 28 hours total** either live or recorded

- \$125<sup>USD</sup> each — 15% discount for a package of three or more
- Study Groups may be attended live or recorded
- Study Groups attended via recording require a 500-word Reflection Paper
- [Meeting dates](#)

## 4

## Case Consultations

*1 individual consult = 2 small group consult*

### ■ 2024 Trainings

#### ■ Individual • 4 consults

See [Individual, Small Group & Mentored Consultations](#) for details

#### ■ Small Groups • 8 consults

See [Individual, Small Group & Mentored Consultations](#) for details

#### ■ Mentored Hand-On Consults

See [Individual, Small Group & Mentored Consultations](#) for details

### ■ 2019-2023 Trainings

#### ■ Individual • 4 consults

See [Individual, Small Group & Mentored Consultations](#) for details

#### ■ Small Groups Consults • 8 consults

See [Individual, Small Group & Mentored Consultations](#) for details

The 3 Hybrid Foundation Training Cohort Consults count towards this requirement

## 5

## A Written Case Study — using NATouch and somatic principles

We require a written Case Study because therapeutic touch remains largely invisible to the larger fields of psychotherapy and psychiatry. Written Case Studies provide important educational materials that help illustrate how somatic therapy and the therapeutic use of touch offer important contributions to the process of healing change.

### Case Study Writing Support

- Aline offers a **free drop-in support group** the first Saturday of most months ■ 10:00-11:30 am PT
- Click to download [Guidelines for Writing a Case Study](#)
- The [NATouch Forum](#) offers case writing support. Please visit the [Case Writing](#) special topic, as well as the Forum **Documents** for examples of Case Studies.
- Email your completed Case Study to [reflections@neuroaffectivetouch.com](mailto:reflections@neuroaffectivetouch.com)