

The NeuroAffective Touch Institute

Practitioner Certification Requirements

International

NeuroAffective Touch Certified Practitioner

This designation is awarded upon completion of the following requirements:

1. Foundation Training Certificate of Completion

- Completion of the pre-covid in-person Foundation Training OR
- Completion of the post-covid online Foundation Training and in-person Touch Intensive

2. Personal NATouch Therapy Sessions

- 4 sessions — In person when possible
 - With Aline — \$225USD
 - With an approved certification session provider
 - USA provider \$185USD
 - Australian provider \$140AUD
 - European provider \$100€

*These discounted fees are only available for the four-session certification requirement
Practitioner's regular fees apply thereafter*

- To find a certification session provider, [click here](#) for the **Find A Practitioner** listing

3. Aline's Study Group

- 8 meetings • 3½ hrs each • 28 hours total either live or recorded • for meeting dates [click here](#)
 - \$125USD each — 15% discount for a package of 3
 - For Study Groups attended via recording, a 500-word Reflection Paper is required • You must use the provided template [click here](#)

4. Case Consultations *See website for meeting dates*

- Choice of either:
 - **Individual:** 4 consults • 60 min • 1 individual consult = 2 group consults
 - With Aline \$225USD
 - With approved consultation provider [click here](#)
 - **Small Groups:** 8 consults • Must present a minimum of 2 cases
 - With approved consultation provider [click here](#)

5. Case Study

- One written Case Study using NATouch and somatic principles
 - We ask for a written case study because touch work remains largely invisible to the larger fields of psychotherapy and psychiatry. Written case studies provide important educational material that help people understand how somatic work and the therapeutic use of touch offer important contributions to the process of healing change.
 - Guidelines for writing a Case Study are provided [here](#)
 - Please email your completed Case Study to reflections@neuroaffectivetouch.com